



Earthquake Preparedness and Stop the Bleed Training

Earthquakes can cause life-threatening injuries in addition to damage to buildings and infrastructure. Join us to learn how you can minimize risk and injury!

Date: Saturday, October 19, 2024
Time: 11:00am to 1:00pm
Location: Jacumba Branch Library
44605 Old Hwy. 80, Jacumba 91934

Pre-register with Teresa Greenhalgh, SDCF CERT Coordinator: Call/Text (619) 857-8050 or Teresa.Greenhalgh@sdcounty.ca.gov



SAVE A LIFE

STOP the BLEED is a FREE Nationally Recognized certification training.

Course Description:

This training is designed to share helpful earthquake preparedness measures and drop-cover-hold on techniques during earthquakes to minimize risk and injury. The County of San Diego's Public Health Preparedness and Response Branch from the Health and Human Services Agency will teach attendees to learn to recognize life-threatening bleeding and intervene effectively through the Stop the Bleed training. Certificates will be given for completion of the STOP the BLEED training.

